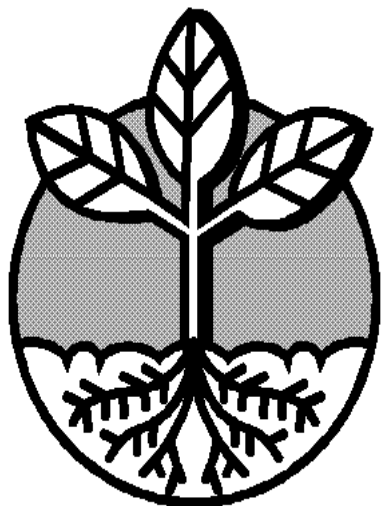


# *The Onset of Adolescence:* *Understanding Your Changing Child*

## **If Your Middle School Child Has Ever Said...**



*“You’re going to wear that, mom?”*  
*“Please don’t embarrass me in public.”*  
*“What did I do in school today? Nothing.”*  
*“Drop us off a few blocks from the movie theater.”*  
*“You just don’t understand me. You’re so old fashioned.”*  
*”Leave me alone...but first would you drive me to the mall.”*

## **...Then This Seminar Is For You!**

### **Parents Will Learn To:**

- Identify and appreciate some of the typical emotional, social, and intellectual changes of adolescence
- Understand what is considered normal adolescent and pre-adolescent behavior
- Be prepared for the changes of adolescence before they occur
- Respond effectively to your changing child
- Reduce conflict in the home
- Increase your credibility and influence as a parent
- Build strong and lasting relationships with your teens and pre-teens

### **Facilitator:**

**Steve Saso, M.Div.**, draws upon his thirty-five years of experience as a high school teacher and administrator to empower parents and educators to build influential relationships with kids. He was a teacher at Bellarmine in San Jose for the past 21 years, and is now retired from the classroom to give parenting seminars and help prepare 8<sup>th</sup> graders for the HSPT, the Catholic high school entrance exam, through his new company, Saso High School Prep.

He brings practical insights, enthusiasm, and a uniquely refreshing sense of humor to every seminar. Steve and his wife Patt are co-authors of the award winning book, *10 Best Gifts for Your Teen*, as well as *Parenting Your Teen with T.L.C* and a FREE monthly eNewsletter “Parenting Teens Just Got Easier.” Visit their web for more information.

**Date: Tuesday, April 13,  
2010**

**Time: 7:15 p.m.**

**Place: St. Joseph Church  
43222 Mission Blvd.  
Fremont, CA 94539**

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